



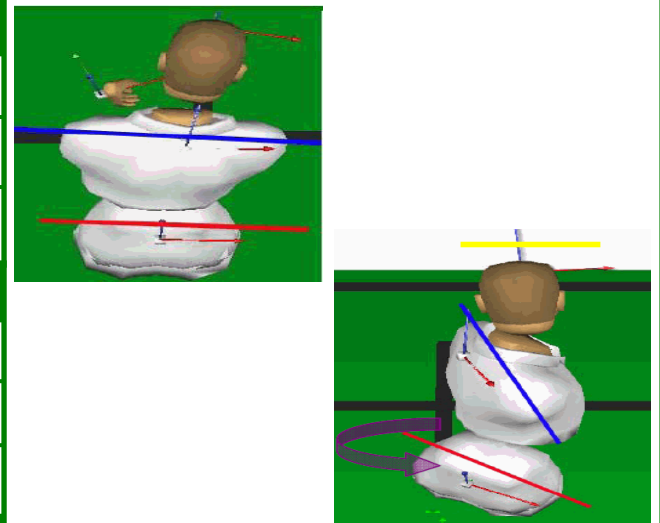
3D Golf BioDynamics Swing Analysis

First Name: Joe **Last Name:** Golfer **Test type:** Initial Test
Date: 1-Sep-2011 **Email:** jg@gmail.com **Data Date:** 22-Aug-2011
Mass: 184 lbs **Handicap:** 0 **Height:** 6,1"

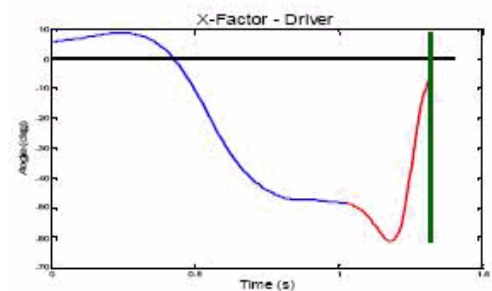
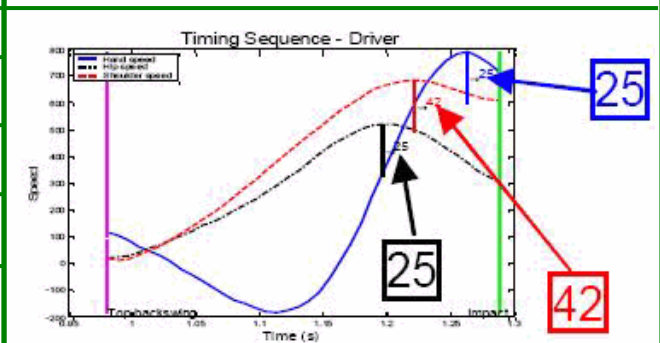
Address Alignment	Corridor	You
Hips Alignment	0 to 8 ⁰	13 Open
UT Alignment	5 to 12 ⁰	20 Open
UT Tilt	7 to 13 ⁰	11 Right

Top of Backswing	Corridor	You
Hips Turn	-37 to -48 ⁰	-33 Closed
UT Turn	-85 to -98 ⁰	-94 Closed
X-Factor	-40 to -50 ⁰	-61 Closed

Timing & Sequence	Corridor	You
Max Hip Speed	>= 430 deg/s	441
Max UT Speed	>= 640 deg/s	765
Max Arm Speed	>= 880 deg/s	943
Max Hand Speed	>= 1400 deg/s	1,472
X-Factor Stretch *	-15 to -25	-11



Great Timing Sequence



Green=good Yellow=be wary Red=well out of ideal range

* = the stretch or increase of the X-Factor during the transition between backswing and downswing - (VERY IMPORTANT FOR POWER)

Helping you achieve maximum power and consistency with minimum injury risk